



NYS Apples
NYS Potatoes



MARCH 2024

Cattaraugus Little Valley

K-12



Monday

Tuesday

Wednesday

Thursday

Friday

**Fresh Baked
Choc. Chip
Muffin Top
Orange slices**

100% Fruit Juice ½ Cup
or
prepared Fruit ½ Cup
Milk-8oz

Cinni Mini

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Chocolate
Crescent**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Mini Bagel
W/Cream Cheese**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Strawberry Parfait
W/Goldfish
Apple Slices**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8 oz

**Frosted
Strawberry Pop tart**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Bagel W/
Assorted Toppings**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

Cinni Mini

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Breakfast Pizza
Fresh Banana
Or Pears**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk -8oz

**Muffin
4oz Yogurt**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk -8oz

Cinnamon Roll

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Frosted
Strawberry Pop tart**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Blueberry Parfait
W/ Belly Bear
Crackers
Apple Slices**

100% Fruit Juice ½ Cup
or
prepared Fruit ½ Cup
Milk-8oz

Cherry Frudel

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk -8oz

**Croissant
Breakfast Sandwich**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Spring
Donut**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

Frudel

100% fruit Juice ½ Cup
Or
Prepared Fruit ½ Cup
Milk -8oz

**Bagel Breakfast
Sandwich
Orange Slices**

100% Fruit Juice ½ Cup
or
prepared Fruit ½ Cup
Milk-8oz

**Frosted
Strawberry
Pop Tart**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk -8oz

**Chocolate
Chip Muffin Top**

100% Fruit Juice ½ Cup
or
Fresh Fruit ½ Cup
Milk-8oz

**Spring Break
Enjoy Your
Week !!!**



Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 1 oz- with WG Crackers(2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection or Fresh &
Prepared Fruit or 100% juice -1/2 cup
servings may take 1 cup

*NY State Non Fat Milk 8oz

National School Breakfast Week

March 4th Thru March 8th



Children who eat breakfast show
an increased ability to learn, ex-
hibit better academic performance
and may have a decreased
risk of being overweight

FSMC is responsible for meeting all re-
quirements under the Final Rule Nutrition
Standards in NSLP and NSBP. Including
all specific component offerings for all
fruits, vegetables, grains, meat/meat alter-
nates and milk



PAY FOR MEALS ONLINE
MySchoolBucks.com

If your Son or Daughter has a particular food allergy, please contact the
food service office @ 716-257-3483 exr. 5950